

KHALED A. ALSWAT, MBBS, CCD, FACP, FACE

Vice President of Graduate Studies and Scientific Research
Professor of Medicine

Internal Medicine, Diabetes and Endocrinology Consultant

Certified Clinical Densitometrist

Department of Medicine

Taif University

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Taif, Saudi Arabia

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Personal information:

Date of Birth: Nov 14th, 1980.

Place of Birth: Taif, Saudi Arabia.

Citizenship: Saudi Arabia.

Home address: As sadad district, 26515, Taif, Saudi Arabia.

Marital status: Married.

Certifications:

Sept 2016 Certified Clinical Densitometrist (CCD).

May 2016 Fellow of the American College of Endocrinologist (FACE).

June 2013 Fellow of the American College of Physician (FACP).

Oct 2012 American Board certified in Endocrinology, Diabetes and Metabolism.

June 2012 Certificate of Endocrinology, Diabetes and Metabolism Fellowship program.

May 2012 Certified Clinical Densitometrist (CCD).

Aug 2010 American Board Certified in Internal Medicine.

June 2010 Certificate of Internal Medicine Residency program.

Nov 2006 Educational Committee for Foreign Medical Graduates (ECFMG) certified.

June 2004 Bachelor of Medicine and Surgery (MBBS).

Education & Postgraduate Training:

Endocrinology, Diabetes and Metabolism Fellowship Program, George Washington University (GWU), Washington D.C., USA, July 1st, 2010 – June 30th, 2012.

Infectious disease and Allergy *rotation*, National Institute of Health (NIH), Bethesda, Maryland, USA, May 2009 & April 2010.

Internal Medicine Residency Program, George Washington University (GWU), Washington D.C., USA, June 25th, 2007 - June 30th, 2010.

Kaplan Medical, USMLE steps complete prep course, New Jersey, USA, Sept 2005 – April 2007.

Compulsory Internship, King Abdul Aziz University, School of Medicine and Allied Sciences, Jeddah, Saudi Arabia Aug 1st, 2004 – July 31st, 2005.

Bachelor's Degree in medicine and Surgery, King Abdul-Aziz University, School of Medicine and Allied Sciences, Jeddah, Saudi Arabia, Sept 1999-June 30th, 2004.

Work Experience:

Chairman of Almaarefa University Scientific Board Sept 2020-current.

Acting Vice President Planning, Development, and Community Service Oct 2020-March 2021.

Acting Vice President of Administrative and Financial Affairs Oct 2020-Dec 2020.

Chairman of the Taif University Training and Scholarship committee Sept 2020-current.

Chairman of Lecturer and Demonstrator committee Sept 2020-current.

Chairman of Taif University Scientific Board Sept 2020-current.

Chairman of the Faculty Excellence Award Committee Sept 2020-current.
 Vice President of Graduate Studies and Scientific Research Sept 2020-current.
 Professor of Medicine May 2020-current.
 Member of the Scientific Chairs Board, Nov 2018-sept 2020.
 Member of the Graduate Studies Board, Oct 2018- sept 2020.
 Vice Chairman of the Faculty Excellence Award Committee June 2018- sept 2020.
 Chairman of the Ethical Committee, Oct 2017- sept 2020.
 Chairman of the Scientific Research Board, Oct 2017- sept 2020.
 Dean of Scientific Research Oct 2017- sept 2020.
 Associate Professor of Medicine, Sept 2016- May 2020.
 Secretary of the Taif University Training and Scholarship committee, Mar2016-Oct-2018
 Member of the Scientific Research Board, March 2016- Mar 2018.
 Member of the University Board, March 2016- current.
 Chairman of the Graduate Studies Board, March 2016- Mar 2018.
 Dean of Graduate Studies, March 2016- Mar 2018.
 Part-time Consultant of Endocrinology and Diabetes, Prince Mansur Diabetes Center, Aug 2014-current.
 Vice Dean of Medical School for Graduates Studies and Scientific Research, April 2014-Feb 2016
 Head of the 3rd phase Clinical Scientific Committee, Nov 2013-Feb 2016
 Director of Taif University Outpatients Clinical Services, Sep 2013-Oct 2016.
 Member of the Accreditation Committee of the School of Medicine April 2013-March 2014.
 Head of the Internship committee Feb 2013-Sept 2013.
 Assistant Professor of Medicine, Taif University School of Medicine, Feb 2013-Sept 2016
 Consultant physician of Endocrinology and Diabetes, King Abdul Aziz Specialist Hospital, July18-Dec27, 2012.

Medical Licensure:

May2012-Currunt Saudi Commission for Health Specialist (License No: 12-J-M-0024944).
 July2010-Dec 2012 Washington D.C. Medical License (License No: MD038841).

Qualifications Exams:

July2008 USMLE step 3.
 Oct 2006 USMLE step 2CK.
 Oct 2006 USMLE step 2CS.
 July 2006 USMLE step 1.
 May2005 Medical Council of Canada evaluation exam (MCCEE).
 Sept2004 Saudi Council of Health Specialties License exam.

Life Support & Trauma Courses:

April2014 BLS provider.
 Jan 2012 BLS provider.
 Sept 2008 ACLS provider.
 Aug 2005 PALS provider.
 Aug 2005 NRP provider.
 July 2005 ATLS provider.
 Dec 2004 Certificate of accreditation in FCCs.
 July 2004 BLS provider.

Active Professional Membership:

Saudi Society of Family and Community Medicine in Taif since *Mar 2018*
 Endocrine Society since *March 2011*.

American Association of Clinical Endocrinologist (AACE) Since *Sept 2010*.
American College of physician (ACP) since *Sept 2009*.

Former Professional Membership:

Saudi Society of Endocrinology and Metabolism.
American Medical Association (AMA).
Medical Society of District of Columbia (MSDC).
American Society of Bone and Mineral Research (ASBMR).
American Thyroid Association (ATA).

Residency and Fellowship Training Presentations:

Use of steroid in severe alcoholic hepatitis (Fairfax Inova Hospital, Journal Club, Residency)
The effects of antihypertensive medications on LVH mass (GWU, EBM conference, Residency)
Prevalence of fracture in HIV versus non-HIV infected patient (GWU, Endocrinology Journal Club, Residency)
Osteoporosis screening in primary care setting (GWU, Clinic Didactics Session, Residency)
Accuracy of the biopsy result in patient with GCA who treated with steroid (GWU, EBM Conference Residency)
Dexamethasone in adult with bacterial meningitis (GWU, EBM Conference, Residency)
Primary Hyperaldosteronism (GWU, Chairman Round, Residency)
Hypogonadism risk in men treated for childhood cancer (GWU, Endocrinology Journal Club, Residency)
Evaluation of erectile dysfunction (GWU, Clinic Didactics Session, Residency)
Evaluation of thyroid nodule (GWU, Chairman Round, Residency)
The Complex Relation between Bisphosphonate Adherence and Fracture Reduction (GWU, Journal Club)
Abdominal Fat from Spine DEXA and Risk for Subsequent Diabetes (GWU, Journal Club, Fellowship)
Thyroid Cancer Survival in USA, Observational Data from 1973 to 2005 (Washington Hospital Center, Thyroid Conference, Fellowship)
Severe Hypoglycemia and Risks of Vascular Events and Death (GWU, Journal Club, Fellowship)
Thyroid Cancer Recurrence in Patients Clinically Free Disease with Undetectable or Very Low Serum Thyroglobulin Values (Washington Hospital Center, Thyroid Conference, Fellowship)
The Effect of Iron and Erythropoietin Treatment on the A1C of Patients with Diabetes and Chronic Kidney Disease (GWU, Journal Club, Fellowship)
Steroid-Responsive Encephalopathy Associated with Autoimmune Thyroiditis (Washington Hospital Center, Thyroid Conference, Fellowship)
Effects of Evening versus Morning Levothyroxine Intake (GWU, Journal Club, Fellowship)
Medullary Thyroid Carcinoma, Long-Term Outcomes of Surgical Treatment (Washington Hospital Center, Thyroid Conference, Fellowship)
Treatment of Obstructive Sleep Apnea Improves Cardiometabolic Function in Young Obese Women with PCOS (GWU, Journal Club, Fellowship)
Primary ovarian failure (GWU, Endocrinology Grand Round, Fellowship)
Inoperable Symptomatic Recurrent Thyroid Cancers: Preliminary Result of Radiofrequency Ablation (GWU, Journal Club, Fellowship)
Evaluation of the Role of Magnetic Resonance Spectroscopy in the Diagnosis of Follicular Malignancies of Thyroid (Washington Hospital Center, Thyroid Conference, Fellowship)
Incidence of Second Primary Malignancies during a Long-term Surveillance of Patients with DTC in Relation to Radioiodine Treatment (GWU, Journal Club, Fellowship)
Congenital Adrenal Hyperplasia in Adults: Evolving Treatment options (GWU, Endocrinology Grand Round, Fellowship)
18FDG PET/CT scanning in thyroid nodules with non-diagnostic cytology (GWU, Journal Club Fellowship)

Metformin should be considered in the treatment of gestational diabetes: a prospective randomized study (GWU, Journal Club, Fellowship)

Impact of Routine Unilateral CND on Preablative and Postablative Stimulated thyroglobulin Levels after Total Thyroidectomy in Papillary Thyroid Carcinoma (GWU, Journal Club, Fellowship)

Detection and Management of Hypothyroidism Following Thyroid Lobectomy (GWU, Journal Club, Fellowship)

Characteristics of Thyroid Cancer in Individuals with Cowden-Like Syndrome Characterized by Germline PTEN, SDH, or KLLN Alterations (Washington Hospital Center, Thyroid Conference, Fellowship)

Primary Hyperaldosteronism (Washington DC VA Medical Center, Medicine Resident Noon Conference)

Rapid decrease in adrenal responsiveness to ACTH stimulation after successful pituitary surgery in patients with Cushing's disease (GWU, Journal Club, Fellowship)

Serum free cortisol as an ancillary tool in the interpretation of the low dose ACTH test (GWU, Journal Club, Fellowship)

Acromegaly diagnosis and treatment (GWU, Endocrinology Grand Round, Fellowship)

Associations between Media Consumption Habits, Physical Activity, Socioeconomic Status, and Glycemic Control in Children, Adolescents, and Young Adults with T1DM (Children National Medical Center, Journal Club, Fellowship)

Congenital Adrenal Hyperplasia: Evolving Treatment options (Children National Medical Center, Journal Club, Fellowship)

Short-Term Exenatide Treatment Leads to Significant Weight Loss in a Subset of Obese Women Without Diabetes (GWU, Journal Club, Fellowship)

International Meeting Poster Presentation:

- Vitamin D and Its Relation to Type II Diabetes Control and Complications. **Khaled A. Alswat**. *Virtual Poster Presentation, Endocrine Society 102nd annual meeting, San Francisco, USA, March 2020.*
- The Benefits of Using the I-Port System on Insulin-Dependent Patients. **A. Khan, Khaled A. Alswat**. *American Association of Clinical Endocrinologist (AACE) 26th Annual Scientific and Clinical Congress, May 3-7th, 2017, Austin, Texas.*
- Prevalence of Hypertension and Prehypertension and Its Relation to Body Mass Index and Lifestyle Habits. **Khaled A. Alswat, Abdullah D. Al-Shehri ; Tariq A. Aljuaid ; Bassam A. Alzaidi ; Hassan D. Alasmari**. *American Association of Clinical Endocrinologist (AACE) 26th Annual Scientific and Clinical Congress, May 3-7th, 2017, Austin, Texas.*
- Physical Activity Assessment Among Male Adolescents and Its Relation to Body Mass Index. **Khaled A. Alswat, Abdullah D. Al-Shehri ; Tariq A. Aljuaid ; Bassam A. Alzaidi ; Hassan D. Alasmari**. *American Association of Clinical Endocrinologist (AACE) 26th Annual Scientific and Clinical Congress, May 3-7th, 2017, Austin, Texas.*
- Eating Disorders Prevalence And Its Relation To Body Mass Index And Lifestyle Habits **Khaled A. Alswat, Abdullah D. Al-Shehri ; Tariq A. Aljuaid ; Bassam A. Alzaidi ; Hassan D. Alasmari**. *American Association of Clinical Endocrinologist (AACE) 26th Annual Scientific and Clinical Congress, May 3-7th, 2017, Austin, Texas.*
- Obesity in Secondary and High Schools and Its Relation to Media Consumption and Daily Breakfast Eating: A Cross Sectional Study in Taif, Saudi Arabia. **Khaled Alswat, Abdullah D. Al-Shehri, Tariq A. Aljuaid, Bassam A. Alzaidi, Hassan D. Alasmari**. *AACE 25th Annual Scientific and Clinical Congress, May 25-29th, 2016, Orlando, Florida.*
- Obesity Awareness Assessment Among Secondary and High Schools Students. **Hassan Alasmari, Abdullah Al-Shehri, Tariq A. Aljuaid , Bassam A. Alzaidi, Khaled Alswat**. *AACE 25th Annual Scientific and Clinical Congress, May 25-29th, 2016, Orlando, Florida.*
- Relationship Between Anxiety and Body Mass Index in Secondary and High Schools. **Abdullah Al-Shehri, Hassan D. Alasmari, Tariq A. Aljuaid , Bassam A. Alzaidi, Khaled Alswat**. *AACE 25th Annual Scientific and Clinical Congress, May 25-29th, 2016, Orlando, Florida.*
- Depression Among Secondary and High Schools Students and Its Relationship to Body Mass Index. **Bassam Alzaidi, Tariq A. Aljuaid, Abdullah Al-Shehri, Hassan Alasmari, Khaled Alswat**. *AACE 25th Annual Scientific and Clinical Congress, May 25-29th, 2016, Orlando, Florida.*
- Prevalence of Metabolic Syndrome in Hospitalized Patients with Psychiatric Illness in Taif City, Saudi Arabia. **Khaled Alswat, Abdullah K. Alnemar, Ibrahim Alghamdi, Bandar Al-Thomali, Talal Mahfouz, Sami M. Althobaiti, Abdullah A. Alshehri**. *AACE 25th Annual Scientific and Clinical Congress, May 25-29th, 2016, Orlando, Florida.*
- Assessment of Diabetes Knowledge Using Michigan Brief Diabetes Knowledge Test Among Patients With

Type 2 Diabetes Mellitus. Turki Almalki, Naif Almalki, **Khaled Alswat**. AACE 25th Annual Scientific and Clinical Congress, May 25-29th, 2016, Orlando, Florida.

-Patient satisfaction improvement in Medical Service Provided by University Outpatient Clinic, Taif University, Saudi Arabia. Adnan A. Alsulaimani, Waleed S. Mohamed, **Khaled Alswat**, Moustafa A. Wahab, Yasser Gamiel, April J. Portugal, The Middle East Forum on Quality and Safety in health care, Qatar May 29, 2015.

-Metabolic Syndrome in the Cardiac Care Unit (CCU) Patients: Prevalence, Clinical Characteristics and Relation to Cardiovascular Markers. Ziyad A. Alakkas, **Khaled Abdullah Alswat**, Mohammed Al Otaibi, Turki Althobaiti, Nazih Alzaidi, El- Shazly Abdul Khalek and Abdulaziz Alfif. Poster Presentation, Endocrine Society 97th annual meeting, San Diego, USA, March 2015.

-Impact of Obesity, Physical Activity and Media Consumption Patterns on Emergency Department Patients Disposition. Khalid Altalhi, Thamer Almalki, Abdulelah Almutairi, Bader Almansouri, Abdullah Alharthi and **Khaled Abdullah Alswat**. Poster Presentation, Endocrine Society 97th annual meeting, San Diego, USA, March 2015.

-Diabetes Knowledge and Its Impact on Diabetes Control and Complications Awareness. **Khaled Abdullah Alswat**, Turki M. Almalki, Naif R. Almalki and Khalid Balbid. Poster Presentation, Endocrine Society 97th annual meeting, San Diego, USA, March 2015.

-Impact of Media Consumption and Metformin on Risk of Depression and Sleep Apnea in Diabetics. Mohammed Abdulrahman Alshehri, **Khaled Abdullah Alswat**, Sameer R. Alharthi and Ahmed A. Alsuwat. Poster Presentation, Endocrine Society 97th annual meeting, San Diego, USA, March 2015.

-Does Obesity Increase Risk of Dental Caries? Cross-Sectional Study at Taif University. **Khaled Abdullah Alswat**, Moustafa H. Abdel Wahab, Ahmed A. Aboelil. Poster Presentation, Endocrine Society 97th annual meeting, San Diego, USA, March 2015.

-Depression in Diabetics and its Relationship with Cardiovascular Risk Factors and Markers: Cross Sectional Study in Taif, Saudi Arabia. Mohammed A. Alshehri MBBS; **Khaled Alswat**; Sameer R. Alharthi MBBS; Ahmed A. Alsuwat MBBS; Suresh Somannavar MD, Poster Presentation, American Association of Clinical Endocrinology, 23rd Annual Scientific Meeting, May 2014, Las Vegas, USA.

-Characteristics and Habits of Diabetics Who are at High Risk for Sleep Apnea: Cross Sectional Study, **Khaled Alswat**; Mohammed A. Alshehri MBBS; Sameer R. Alharthi MBBS; Ahmed A. Alsuwat MBBS; Suresh Somannavar MD, Poster Presentation, American Association of Clinical Endocrinology, 23rd Annual Scientific Meeting, May 2014, Las Vegas, USA.

-The Prognostic Impact of Fitness on Mortality in Diabetics with and without Left Ventricular Hypertrophy, **Khaled Alswat MD**; Peter Kokkinos PhD; Shikha Khosla MD, MHA; Charles Faselis MD, Raya Kheirbek MD; Eric Nysten MD, **Presidential** Poster presentation, Endocrine Society, the 94th Annual Meeting June 2012, Houston, USA.

-Gender Difference in Osteoporosis Screening: Retrospective Chart Review, **Khaled Alswat MD**, Suzanne Myers Adler MD, Poster presentation, Endocrine Society, the 94th Annual Meeting, June 2012, Houston, USA.

-Mortality in Patients with Obstructive Sleep Apnea, Type 2 Diabetes Mellitus and/or Hypertension and its Correlation with Fitness Level: A Retrospective Analysis, **Khaled Alswat MD**; Peter Kokkinos PhD; Shikha Khosla MD, MHA; Eric Nysten MD; Rahul Khosla MD; Marshall Balish MD; **Presidential** Poster presentation, Endocrine Society, the 93rd Annual Meeting, June 2011, Boston, USA.

-Relationship between Exercise Capacity and Obstructive Sleep Apnea in Male Veterans with Hypertension and/or Type 2 Diabetes Mellitus: a Retrospective Analysis of the Associated Mortality Risk. **Khaled Alswat, MD1**; Shikha G. Khosla, MD1, MHA; Eric Nysten, MD1; Rahul Khosla, MD2; Marshall Balish, MD3; Peter Kokkinos, PhD4, Poster Presentation, George Washington University, 16th Annual Research Day, March 2011.

-Recurrent Episodes of Meningitis (Mollaret's Meningitis), **Khaled Alswat MD**, Poster Presentation, American College of Physician (ACP), 2009 Regional meeting.

-Sarcoidosis Presenting with Neurological Manifestations, **Khaled Alswat MD**, Poster Presentation, American College of Physician (ACP), 2009 Regional meeting.

National Meeting Oral Presentation:

GLP-1 Receptor Agonist for Type II Diabetes. Abaha World Diabetes Day conference, Albaha, Saudi Arabia, Dec 23rd, 2021.

Diabetes Complications for Diabetes Educators. 3rd Diabetes Foot Care Course, Taif, Saudi Arabia, July 5th, 2021.

Diabetes Complications for Diabetes Educators. 2nd Diabetes Foot Care Course, Taif, Saudi Arabia, Feb 5th, 2020.

Emerging Medications in the Pipeline for Type II Diabetes, 11th National Diabetes conference, Taif, Saudi Arabia, Jan 22nd, 2020.

Future of Diabetes, 7th World Diabetes Symposia, Nov 12, 2019, Taif, Saudi.

Hajj Activities Recommendation for Patients with Diabetes. 7th Diabetes and Hajj meeting, Prince Mansour Hospital,

June 26, 2019. Taif, Saudi Arabia.

Update about Pregnancy and Ramadan Fasting. 7th Ramadan and Diabetes. April 3, 2019, Taif Saudi Arabia

Diabetes Complications. 1st Diabetic Foot Care Course, Jan 20-31, 2019, Taif, Saudi Arabia

Impact of Family History on Diabetes Related Outcomes. 6th World Diabetes Day, Nov 15, 2018, Taif, Saudi.

Weight Loss Medical Treatment Update. 10th Metabolic Syndrome and its Complications. April 19, 2018, Taif, Saudi.

Role of GLP-1 and SGLT-2 in Type II Diabetics during Ramadan. 6th Ramadan and Diabetes. April 11, 2018, Taif Saudi Arabia.

Double Diabetes, 6th Me, Mama and Diabetes. Jan 30-31, 2018, Taif Saudi Arabia.

Prevention of Type I Diabetes. 4th World Diabetes Day. Hira Medical Center Nov 16, 2017, Makkah, Saudi Arabia.

Simplified Injectable Regimen for Type II Diabetes. 5th Diabetes Conference, Prince Mansour Hospital, Nov 15, 2017, Taif, Saudi Arabia.

Hajj Readiness Parameters Assessment in Diabetics. 5th Diabetes and Hajj meeting, Prince Mansour Hospital, July 26 2017. Taif.

Role of Mealtime and Insulin Dose in Hypoglycemia during Activity. 5th Diabetes and Hajj meeting, Prince Mansour Hospital, July 26 2017. Taif.

Primary Aldosteronism, Update in Endocrinology and Metabolism. Feb 14-15, 2017, Taif Saudi Arabia.

Type I Diabetes Prevention, 5th Me, Mama and Diabetes. Jan 4-5, 2017, Taif Saudi Arabia.

Role of GLP-1 in Type II Diabetes Management, 4th Diabetes Conference, Prince Mansour Hospital, Nov 16 2016. Taif.

Activity, Diet and Insulin Dose for Diabetics in Hajj. 4th Diabetes and Hajj meeting, Prince Mansour Hospital, Aug 17 2016. Taif.

Pregnancy and Ramadan Fasting, 2nd Ramadan and Diabetes Symposium, Prince Mansour Hospital, April 13-14, 2016, Taif.

Obesity Medical Management 9th National Taif Diabetes and Obesity Conference, March 23, 2016, Taif.

Diabetes Diagnosis. 1st Taif Diabetes Educator Course. King Abdulaziz Specialist Hospital. Feb 6th, 2016. Taif.

Prediabetes. 1st Taif Diabetes Educator Course. King Abdulaziz Specialist Hospital. Feb 6th, 2016. Taif.

Hyperlipidemia. 1st Taif Diabetes Educator Course. King Abdulaziz Specialist Hospital. Feb 8th, 2016. Taif.

Insulin Pump Therapy Initiation and Adjustment. 4th Me, Mama and Diabetes, Prince Mansour Hospital, Feb 2nd, 2016 Taif.

GLP-1 and Metformin in Type I Diabetic Patients. 4th Me, Mama & Diabetes, Prince Mansour Hospital, Feb 2nd, 2016 Taif.

Oral Hypoglycemic Agents Interactive Session. 2nd Diabetes World Day. Prince Mansour Hospital, Nov 18th, 2015. Taif.

Diabetes and Blood Pressure. 2nd Diabetes World Day. Prince Mansour Hospital, Nov 18th, 2015. Taif.

Diabetics Readiness for Hajj season: Cross-sectional study. 3rd Diabetes and Hajj meeting, Prince Mansour Hospital, Sep 2nd 2015. Taif.

Medications Adjustment in Ramadan, Ramadan and Diabetes Symposium, Prince Mansour Hospital, April 29-30, 2015.

Introduction about Insulin Pump, 3rd Me, Mama and Diabetes, Prince Mansour Hospital, Mar 11th, 2015 Taif.

Automated Closed Loop Insulin Pump, 3rd Me, Mama and Diabetes, Prince Mansour Hospital, Mar 11th, 2015 Taif.

Highlights on Clinical Specialties: Internal Medicine, 7th Medical Profession Day, Taif, 2014.

Primary Hyperparathyroidism: Vitamin D and Calcium, 2nd Annual Update in Endocrinology and Diabetes, Tabuk, 2014

Insulin, What is New, 2014 World Diabetes Day, Prince Mansour Hospital, Nov 18th, 2014 Taif.

Activity, Diabetes and Hajj, 2nd annual Diabetes and Hajj Symposium, Prince Mansour Hospital, Sep 10th, 2014 Taif.

Role of Weight Loss Medication on Glycemic Control, 8th National Taif Diabetes and Obesity Conference, April 2nd 2014, Taif.

Men Disparities in Osteoporosis, Update in Osteoporosis Diagnosis and Management, Dec 17th 2013, Taif.

Obesity Medical Treatment, 7th National Taif Diabetes Conference, April 17th, 2013, Taif.

Impact of Sleep Apnea on Glycemic Control, 7th National Taif Diabetes Conference, April 16th, 2013, Taif.

Medical Treatment of Obesity, Obesity Treatment and Prevention, Dec 23rd, 2012 Taif.

Obesity Complications, Obesity Treatment and Prevention, Dec 23rd, 2012 Taif.

Diabetes facts, concerns and future, 6th International Diabetes Day, Nov 17th, 2012, Taif.

International Meeting Oral Presentation:

Prevalence of Hypertension and Prehypertension and Its Relation to Body Mass Index and Lifestyle Habits. American Association of Clinical Endocrinologist (AACE) 26th Annual Scientific and Clinical Congress, May 3-7th, 2016, Austin, Texas.

Sleep and Type II Diabetes, 6th Global Diabetes Summit and Medicare Expo, Nov 2-4th, 2015, Dubai, UAE.

Medical Knowledge Assessment in Diabetics. 6th Global Diabetes Summit and Medicare Expo, Nov 2-4th, 2015, Dubai, UAE

Metformin Benefits Exceeded Glycemic Control, 5th World Congress of Diabetes and Metabolism, Nov 3rd, 2014, Las Vegas, USA.

Diabetes Prevention and Control, Role of Weight Loss Medications, 5th World Congress of Diabetes and Metabolism, Nov 3rd, 2014, Las Vegas, USA.

Diabetes control and complications and Sleep apnea, 3rd annual World Congress of Endocrine and Metabolism, May 22nd 2013, Xi'an, China.

Osteoporosis in male: role of gender, 3rd annual World Congress of Endocrine and Metabolism, May 21st, 2013, Xi'an, China.

Invited International Lectures:

Men Osteoporosis, Walter Reed National Military Medical Center, June 19th, 2013, Washington DC, USA.

Published Abstracts:

-Vitamin D and Its Relation to Type II Diabetes Control and Complications. **Khaled A. Alswat**. MON-612, *Journal of the Endocrine Society supplementary issue April-May 2020*.

-The Benefits of Using the I-Port System on Insulin-Dependent Patients. A. Khan, **Khaled A. Alswat**. April 2017, *Endocrine Practic*, volume 23 supplement 3, page 72.

-Prevalence of Hypertension and Prehypertension and Its Relation to Body Mass Index and Lifestyle Habits. **Khaled A. Alswat**, Abdullah D. Al-Shehri ; Tariq A. Aljuaid ; Bassam A. Alzaidi ; Hassan D. Alasmari. April 2017, *Endocrine Practic*, volume 23 supplement 3, page 127.

- Physical Activity Assessment Among Male Adolescents and Its Relation to Body Mass Index. **Khaled A. Alswat**, Abdullah D. Al-Shehri ; Tariq A. Aljuaid ; Bassam A. Alzaidi ; Hassan D. Alasmari. April 2017, *Endocrine Practic*, volume 23 supplement 3, page 126.

- Eating Disorders Prevalence And Its Relation To Body Mass Index And Lifestyle Habits **Khaled A. Alswat**, Abdullah D. Al-Shehri ; Tariq A. Aljuaid ; Bassam A. Alzaidi ; Hassan D. Alasmari. April 2017, *Endocrine Practic*, volume 23 supplement 3, page 127.

-Obesity in Secondary and High Schools and Its Relation To Media Consumption And Daily Breakfast Eating: A Cross Sectional Study In Taif, Saudi Arabia. **Khaled Alswat**, Abdullah D. Al-Shehri, Tariq A. Aljuaid, Bassam A. Alzaidi, Hassan D. Alasmari. May 2016, *Endocrine Practic*, volume 22 supplement 1, page 155.

-Obesity Awareness Assessment Among Secondary and High Schools Students. Hassan Alasmari, Abdullah Al-Shehri, Tariq A. Aljuaid, Bassam A. Alzaidi, **Khaled Alswat**. May 2016, *Endocrine Practic*, volume 22 supplement 1, page 150.

-Relationship Between Anxiety and Body Mass Index in Secondary and High Schools. Abdullah Al-Shehri, Hassan D. Alasmari, Tariq A. Aljuaid, Bassam A. Alzaidi, **Khaled Alswat**. May 2016, *Endocrine Practic*, volume 22 supplement 1, page 149.

-Depression Among Secondary and High Schools Students and Its Relationship to Body Mass Index. Bassam Alzaidi, Tariq A. Aljuaid, Abdullah Al-Shehri, Hassan Alasmari, **Khaled Alswat**. May 2016, *Endocrine Practic*, volume 22 supplement 1, page 149.

-Prevalence of Metabolic Syndrome in Hospitalized Patients with Psychiatric Illness in Taif City, Saudi Arabia. **Khaled Alswat**, Abdullah K. Alnemar, Ibrahim Alghamdi, Bandar Al-Thomali, Talal Mahfouz, Sami M. Althobaiti, Abdullah A. Alshehri. May 2016, *Endocrine Practic*, volume 22 supplement 1, page 118.

-Assessment of Diabetes Knowledge Using Michigan Brief Diabetes Knowledge Test Among Patients With Type 2 Diabetes Mellitus. Turki Almalki, Naif Almalki, **Khaled Alswat**. May 2016, *Endocrine Practic*, volume 22 supplement 1, page 77.

-Metabolic Syndrome in the Cardiac Care Unit (CCU) Patients: Prevalence, Clinical Characteristics and Relation to Cardiovascular Markers. Ziyad A. Alakkas, **Khaled Abdullah Alswat**, Mohammed AlOtaibi, Turki Althobaiti, Nazih Alzaidi, El-Shazly Abdul Khalek and Abdulaziz Alfif. *Endocrine Review*, Volume 36, Issue 2 supplement, FRI-586, page 270.

-Impact of Obesity, Physical Activity and Media Consumption Patterns on Emergency Department Patients Disposition. Khalid Altalhi, Thamer Almalki, Abdulalah Almutairi, Bader Almansouri, Abdullah Alharthi and **Khaled Abdullah Alswat**, MBBS, CCD, FACP. *Endocrine Review*, Volume 36, Issue 2 supplement, THR-580, page 193.

-Diabetes Knowledge and Its Impact on Diabetes Control and Complications Awareness. **Khaled Abdullah Alswat**, MBBS, CCD, FACP, Turki M. Almalki, Naif R. Almalki and Khalid Balbid. *Endocrine Review*, Volume 36, Issue 2 supplement, THR-590, page 194.

- Impact of Media Consumption and Metformin on Risk of Depression and Sleep Apnea in Diabetics. *Mohammed Abdulrahman Alshehri, Khaled Abdullah Alswat, MBBS, CCD, FACP, Sameer R. Alharthi and Ahmed A. Alswat. Endocrine Review, Volume 36, Issue 2 supplement, THR-619, page 196.*
- Does Obesity Increase Risk of Dental Caries? Cross-Sectional Study at Taif University. *Khaled Abdullah Alswat MBBS, CCD, FACP, Moustafa H. Abdel Wahab, Ahmed A. Aboelil. Endocrine Review, Volume 36, Issue 2 supplement, THR-578, page 193.*
- Depression in Diabetics and its Relationship with Cardiovascular Risk Factors and Markers: Cross Sectional Study in Taif, Saudi Arabia. *Mohammed A. Alshehri MBBS; Khaled Alswat MBBS, CCD, FACP; Sameer R. Alharthi MBBS; Ahmed A. Alswat MBBS; Suresh Somannavar MD, Abstract, AACE 2014 Abstract book, Page 27.*
- Characteristics and Habits of Diabetics Who are at High Risk for Sleep Apnea: Cross Sectional Study. *Khaled Alswat MBBS, CCD, FACP; Mohammed A. Alshehri MBBS; Sameer R. Alharthi MBBS; Ahmed A. Alswat MBBS; Suresh Somannavar MD, Abstract, AACE 2014 Abstract book, Page 52.*
- The Prognostic Impact of Fitness on Mortality in Diabetics with and without Left Ventricular Hypertrophy, *Khaled Alswat MD; Peter Kokkinos PhD; Shikha Khosla MD, MHA; Charles Faselis MD, Raya Kheirbek MD; Eric Nylen MD, Abstract, Endocrine Reviews, June 2012; volume 33: SUN-158.*
- Gender Difference in Osteoporosis Screening: Retrospective Chart Review, *Khaled Alswat MD, Suzanne Myers Adler MD, Abstract, Endocrine Jan 22nd, 2020. Reviews, June 2012; volume 33: SAT-360.*
- Mortality in Patients with Obstructive Sleep Apnea, Type 2 Diabetes Mellitus and/or Hypertension and its Correlation with Fitness Level: A Retrospective Analysis, *Khaled Alswat MD; Peter Kokkinos PhD; Shikha Khosla MD, MHA; Eric Nylen MD; Rahul Khosla MD; Marshall Balish MD; Abstract, Endocrine Reviews, June 2011, volume 32: P3-407.*

Published Manuscripts:

- Assiri SA, Althaqafi RM, **Alswat K**, Alghamdi AA, Alomairi NE, Nemenqani DM, Ibrahim ZS, Elkady A. Post COVID-19 Vaccination-Associated Neurological Complications. *Neuropsychiatric Disease and Treatment. 2022 Feb 2;18:137-54.*
- Alharthi AS, Alsofyani MA, Alharthi WK, Alsalmi SA, Altalhi AS, **Alswat KA**. Assessment of Knowledge and Fear of Scabies in a Saudi Population. *Journal of Multidisciplinary Healthcare. 2021; 14:1361.*
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Meetings:

- Abaha World Diabetes Day conference, Dec 21-23rd, 2021, Albaha, Saudi Arabia.
- 3rd Diabetic Foot Care Course, July 5, 2021, Taif, Saudi Arabia.
- 2nd Diabetic Foot Care Course, Feb 5, 2020, Taif, Saudi Arabia.
- 11th National Diabetes conference, Jan 22-23rd, 2020, Taif, Saudi Arabia.
- 7th World Diabetes Symposia, Nov 12-13, 2019, Taif, Saudi.
- 7th Diabetes and Hajj meeting, June 26th, 2019, Taif, Saudi Arabia.
- Diabetes Expert Forum. April 5-6th, 2019, Dubai, UAE.
- 7th Ramadan and Diabetes Symposium. April 3, 2019, Taif, Saudi Arabia.
- The Endocrine Society's 101st Annual Meeting & Expo. March 23-26, 2019, New Orleans, LA, USA.
- 1st Diabetic Foot Care Course, Jan 20-31, 2019, Taif, Saudi Arabia.
- 6th World Diabetes Day, Nov 15-16, 2018, Taif, Saudi Arabia.
- 10th Metabolic Syndrome and its Complications. April 17-19, 2018, Taif Saudi Arabia.
- The 6th Ramadan and Diabetes Symposium. April 11, 2018, Taif Saudi Arabia.
- The Endocrine Society's 100th Annual Meeting & Expo. March 17-20, 2018, Chicago, IL, USA.
- 2nd Young Future Scientist meeting in the Ministry of Education, Feb 27-28, 2018, Riyadh, Saudi Arabia.
- 6th Me and Mama and Diabetes. Jan 30-31, 2018, Taif, Saudi Arabia.
- 4th World Diabetes Day. Hira Medical Center Nov 15-16, 2017, Makkah, Saudi Arabia
- 5th Diabetes Conference, Prince Mansour Hospital, Nov 14-16, 2017, Taif, Saudi Arabia.
- 5th Diabetes and Hajj meeting, July 26, 2017, Taif, Saudi Arabia.
- AACE 26th Annual Scientific and Clinical Congress, May 3-7th, 2017, Austin, Texas.
- 4th International Conference of Endocrinology and Diabetes, Feb 21-23, 2017, Riyadh, Saudi Arabia.
- 1st Update in Endocrinology and Metabolism. Feb 14-15, 2017, Taif Saudi Arabia
- 5th Me, Mama and Diabetes. Jan 4-5, 2017, Taif Saudi Arabia.
- 4th Diabetes Conference, Prince Mansour Hospital, Nov 15-17, 2016, Taif, Saudi Arabia.
- 52nd European Association for the Study of Diabetes (EASD), Sep 12-16, 2016, Munich, Germany.
- 4th Diabetes and Hajj meeting, Prince Mansour Hospital. Aug 17th, 2016, Taif, Saudi Arabia.
- AACE 25th Annual Scientific and Clinical Congress, May 25-29th, 2016, Orlando, Florida.
- Diabetes Scientific Day, King Fahad Military Hospital, May 2nd, 2016, Jeddah, Saudi Arabia.
- 2nd Ramadan and Diabetes Symposium, Prince Mansour Hospital, April 13-14, 2016, Taif, Saudi Arabia
- 9th National Taif Diabetes and Obesity Conference. March 22-24, 2016, Taif, Saudi Arabia.
- 4th Me, Mama and Diabetes. Feb 2-3, 2016, Taif Saudi Arabia.
- 2nd Diabetes World Day, Nov 18-19th, 2015, Taif, Saudi Arabia.
- 6th Global Diabetes Summit and Medicare Expo, Nov 2-4th, 2015, Dubai, UAE.
- 3rd Diabetes and Hajj meeting, Prince Mansour Hospital, Sep 2-3, 2015, Taif, Saudi Arabia.
- Middle East Osteoporosis Scientific Exchange Meeting, June 12th, 2015, Dubai, UAE.
- Ramadan and Diabetes Symposium, Prince Mansour Hospital, April 29-30, 2015, Taif, Saudi Arabia.
- 3rd Me, Mama and Diabetes, Mar 11-12, 2015, Taif, Saudi Arabia.

97th Endocrine Society meeting, *Mar 5-8, 2015, San Diego, USA.*
 7th Medical Profession Day, *Feb 3-5, 2015, Taif, Saudi Arabia.*
 2nd Annual Update in Endocrinology and Diabetes, *Dec 23-25, 2014, Tabuk, Saudi Arabia.*
 World Diabetes Day 2014, Prince Mansur Hospital, *Nov 18th, 2014 Taif.*
 5th World Congress of Diabetes and Metabolism, *Nov 3-5th 2014, Las Vegas, USA.*
 2nd annual Diabetes and Hajj Symposium, *Sep 10th, 2014, Taif, Saudi Arabia.*
 AACE 23rd Annual Scientific and Clinical Congress, *May 14-18th, 2014, Las Vegas, USA.*
 8th National Taif Diabetes and Obesity Conference, *April 1-3, 2014, Taif, Saudi Arabia.*
 Update in Osteoporosis Diagnosis and Management, *Dec 17th, 2013, Taif, Saudi Arabia.*
 American Society of Bone and Mineral Research 2013 meeting, *Oct 4-7th 2013, Baltimore, MD, USA.*
 7th National Taif Diabetes Conference, *April 16-17th 2013, Taif, Saudi Arabia.*
 3rd Saudi Neuroendocrine Tumor Summit, *Jan 10th, 2013, Jeddah, Saudi Arabia.*
 Obesity Treatment and Prevention, *Dec 23rd, 2012, Taif, Saudi Arabia.*
 Endocrine Society 94th Annual Meeting, *June 23-26, 2012, Houston, TX, USA.*
 Diabetes Diagnosis & Management 2012, *June 22, 2012, Houston, TX, USA.*
 Clinical Endocrinology 2012, Harvard Medical School, *March 31st –April 4th 2012, Boston, MA, USA.*
 Update in Endocrinology and Metabolism 2012, Johns Hopkins University, *March 30th, 2012, Baltimore, MD,*
 Endocrine University ® 2012, American Association of Clinical Endocrinology, Mayo Clinic, *March 2nd-8th 2012, Rochester, MN, USA.*
 Critical Literature Analysis 2011: Applying the Data to Clinical Management by Joslin Diabetes Center, *December 8th, 2011, Washington DC, USA.*
 Endocrine Society 93rd Annual Meeting, *June 4th-7th 2011, Boston, MA, USA.*
 Endocrine Trainee day, *Endocrine Society 93rd annual meeting, June 3rd 2011 Boston, MA, USA.*
 Osteoporosis Academy, International Society for Clinical Densitometry (ISCD), *April 4-5th. Miami, FL.*
 Thyroid Disorders: Recent Clinical Advances, *Dec 10th 2010, Washington Hospital Center, Washington, DC.*

National Conference Organizing Committee membership:

8th National Taif Diabetes Conference, *April 2013, Taif, Saudi Arabia.*
 7th National Taif Diabetes Conference, *April 2013, Taif, Saudi Arabia.*
 Obesity Treatment and Prevention, *Dec 23rd, 2012, Taif, Saudi Arabia*

International Conference Organizing Committee membership:

6th Global Diabetes Summit and Medicare Expo. *Nov 2015, Dubai, UAE.*
 5th World Congress of Diabetes and Metabolism, *Nov 2014, Las Vegas, USA.*

Faculty Development Course:

Health Professions Education Leadership certificate, *May 2-14, 2015, University of Illinois Chicago, USA.*

Public Services & Survey:

High school health education in balanced diet (4th year Medical School).
 Emergency Department services survey, Community Medicine Dep., KAAU (4th year Medical School).

Awards and Honors:

American Association of Clinical Endocrinologist (AACE) 2017 annual meeting Travel Grant.
 Outstanding Teacher Award for the 2016 academic year at School of Medicine, Taif University.
 Keynote Forum 6th Global Diabetes Summit and Medicare Expo, Nov 2015.
 The best Research Project in Taif University School of Medicine, 2014-15.
 Keynote forum, the 5th World Congress of Diabetes and Metabolism, Nov 2014.
 Outstanding Teacher Award for the 2014 academic year at School of Medicine, Taif University.
 Outstanding Teacher Award for the 2013 academic year at School of Medicine, Taif University.
 BioMedLib July 2013, (*Gender difference in Osteoporosis screening...*), one of the top 20 Articles

published in the same topic since 2012.

The Endocrine Society 2012, (*The Prognostic Impact of Fitness...*), Conference Research Summaries Book (Top 50 newsworthy abstracts out of more than 2100 accepted abstract).

The Endocrine Society 2012, (*The Prognostic Impact of Fitness ...*), Presidential Poster presentation (first-authored trainee with top-scoring abstracts selected for the Presidential Poster Competition).

The Endocrine Society 2011, (*Mortality in Patients with Obstructive Sleep Apnea...*), this study was one out of five studies in which receive the most USA media coverage.

The Endocrine Society 2011, (*Mortality in Patients with Obstructive Sleep Apnea...*), Conference Research Summaries Book (Top 44 newsworthy abstracts out of more than 2500 accepted abstract).

The Endocrine Society 2011, (*Mortality in Patients with Obstructive Sleep Apnea...*), Presidential Poster presentation (first-authored trainee with top-scoring abstracts selected for the Presidential Poster competition).

The Saudi Cultural Attaché to USA appreciation letter 2010, for receiving the highest recommendation from the George Washington University Internal medicine Residency Program Director.