

# **Course Specifications**

| <b>Course Title:</b> | Medical and Biophysics |
|----------------------|------------------------|
| Course Code:         | 2034210-2              |
| Program:             | Bachelor in Physics    |
| Department:          | Physics Department     |
| College:             | College of Science     |
| Institution:         | Taif University        |







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## **A. Course Identification**

| 1. Credit hours: 2   |  |
|--|--|
| 2. Course type   |  |
| <b>a.</b> University College $$ Department Others  |  |
| <b>b.</b> Required Elective $$   |  |
| 3. Level/year at which this course is offered: 11 <sup>th</sup> level / 4 <sup>th</sup> year |  |
|  |  |
| 4. Pre-requisites for this course (if any): None   |  |
|  |  |
| 5. Co-requisites for this course (if any): None  |  |
|  |  |

#### 6. Mode of Instruction (mark all that apply)

| No | Mode of Instruction   | <b>Contact Hours</b> | Percentage |
|----|-----------------------|----------------------|------------|
| 1  | Traditional classroom | 3                    | 100%       |
| 2  | Blended               |                      |            |
| 3  | E-learning            |                      |            |
| 4  | Distance learning     |                      |            |
| 5  | Other                 |                      |            |

#### 7. Contact Hours (based on academic semester)

| No | Activity          | Contact Hours |
|----|-------------------|---------------|
| 1  | Lecture           | 30            |
| 2  | Laboratory/Studio |               |
| 3  | Tutorial          |               |
| 4  | Others (specify)  |               |
|    | Total             | 30            |

## **B.** Course Objectives and Learning Outcomes

### 1. Course Description

Basic concepts of the physical aspects and laws for some bioactivities of the vital organs in the human body. Studying the electric and magnetic phenomena inside the human body. Studying the physics of eye, vision, and sound of human body.

#### 2. Course Main Objective

- Studying, understanding and interpretation of the physical aspects and laws for some bioactivities of the vital organs in the human body. For example the forces acting on the human body internally or externally (e.g. the forces of the muscles and the musculoskeletal system and the forces of the collision and friction applications and the force of gravity on the human body and in the medical field).
- Studying the electric phenomena inside the human body such as ECG, ERG, EEG and EMG.
- Studying the physics of eye and vision and use of physics in the repair of visual defects are considered.
- The medical applications of sound waves, ultrasound, and related phenomena such as sonar and different kinds of physical laws that govern medical imaging and ultrasound

diagnostics.

• The course aims in general to teach the students the importance of physical laws through the direct application of these laws in the bio-medical field.

#### **3.** Course Learning Outcomes

|     | CLOs  |    |
|-----|---|----|
| 1   | Knowledge and Understanding   |    |
| 1.1 | Recognize the physical aspects and laws for some bioactivities of the vital organs in the human body. | K4 |
| 1.2 | Describe the physical aspects and laws for fluid mechanics in human K4 body.                          |    |
| 2   | Skills :  |    |
| 2.1 | Explain physical phenomena and concepts relevant to the course and their applications.                | S4 |
| 2.2 | Justify how Medical and Biophysics is essential for technology advances.                              | S1 |
| 3   | Values:   |    |
| 3.1 | Show responsibility for working independently and for continuous improvement of personal capacities.  | V1 |

## **C.** Course Content

| No | List of Topics   | Contact<br>Hours |
|----|--|------------------|
| 1  | <ul> <li>Unit 1: Biomechanics and Human Body Movement</li> <li>Static Forces: <ul> <li>Equilibrium and Stability of the Human Body</li> <li>Skeletal Muscles</li> </ul> </li> <li>Friction forces in and on the human body</li> <li>Motion: <ul> <li>Walking, running, Vertical Jump and Broad Jump</li> </ul> </li> </ul> | 4                |
| 2  | <ul> <li>Unit 2: Energy, work and Power of the body</li> <li>Conservation of the energy in the body</li> <li>Energy change in the body</li> <li>Work and power done by the body</li> <li>The body efficiency</li> <li>Anaerobic and aerobic process</li> </ul>   | 4                |
| 3  | Unit 3: Physics of Cardiovascular System         > Component of Cardiovascular System         > Systemic and pulmonary circulation system         > Cardiac cycle         > Work done by the heart         > Tension in the vessel wall  | 4                |

| <b></b> |  |    |
|---------|--|----|
|         | <ul> <li>Factor affecting blood flow</li> </ul>                  |    |
|         | Types of blood flow  |    |
|         |  |    |
|         | <b>Unit 4: Electricity within the human body</b>                 |    |
|         |  |    |
| 4       | Electric potentials along cells and nerve fibres                 | 4  |
| 4       | Transmission of electric signals through a nerve axon            | 4  |
|         | Some medical applications of electric phenomena within the body  |    |
|         |  |    |
|         | Unit 5: Sound and ultrasound waves in medicine:                  |    |
|         |  |    |
|         | Physical properties of sound waves and their physical laws       |    |
| 5       | Absorption of sound within different organs in the body          | 4  |
| 5       | The medical stethoscope  | 4  |
|         | Use of ultrasound in imagining and diagnosis of different organs |    |
|         | ➢ The SONAR phenomena  |    |
|         | 1  |    |
|         | Unit 6: Physics of eyes and vision                               |    |
|         |  |    |
|         | Accommodation of the eye   |    |
| -       | Focusing elements in the eye                                     | 4  |
| 6       | Structure of the human eye                                       | 4  |
|         | Defective vision and Correction                                  |    |
|         | <ul> <li>Type of ametropia</li> </ul>                            |    |
|         | <i>i fipe of unledoptu</i>                                       |    |
|         | Unit 7: Heat and human body                                      |    |
|         |  |    |
|         | - Temperature scale  |    |
| _       | - Specific Heat  |    |
| 7       | - Heat transfer and heat loss                                    | 4  |
|         | - Thermography   |    |
|         | - Applications of heat and cool in biology                       |    |
|         | -  |    |
|         | Unit 8: Medical and biological applications of radiations        | _  |
| 8       | <u> </u>   | 2  |
|         | Total  | 30 |
|         |  |    |

## **D.** Teaching and Assessment

1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods

| Code | Course Learning Outcomes  | Teaching Strategies         | Assessment Methods                         |
|------|---|-----------------------------|--|
| 1.0  | Knowledge and Understanding   |                             |  |
| 1.1  | Recognize the physical aspects and laws<br>for some bioactivities of the vital organs<br>in the human body. | Lecture<br>Group discussion | Homework report<br>Quizzes<br>Written exam |
| 1.2  | Identify the physical aspects and laws for fluid mechanics in human body.                                   | Lecture<br>Group discussion | Homework report<br>Quizzes<br>Written exam |

| Code | Course Learning Outcomes   | Teaching Strategies   | Assessment Methods  |
|------|--|---|---|
| 2.0  | Skills   |   |   |
| 2.1  | Explain physical phenomena and<br>concepts relevant to the course and their<br>applications.               | <ul> <li>Problem based<br/>strategy.</li> <li>Brain storming<br/>sessions.</li> </ul> | <ul> <li>Written exam<br/>including<br/>problem solving</li> <li>Activities such<br/>as assignments<br/>and problem<br/>solving missions</li> </ul> |
| 2.2  | Analyse qualitatively and quantitatively<br>experimental data of DC and AC electric<br>circuits.           | <ul> <li>Problem based<br/>strategy.</li> <li>Brain storming<br/>sessions</li> </ul>  | - Written exam<br>including<br>problem solving<br>Activities such<br>as assignments<br>and problem<br>solving missions                              |
| 3.0  | Values   |   |   |
| 3.1  | Show responsibility for working<br>independently and for continuous<br>improvement of personal capacities. | Group discussion  | Quizzes   |

#### 2. Assessment Tasks for Students

| # | Assessment task* | Week Due         | Percentage of Total<br>Assessment Score |
|---|------------------|------------------|---|
| 1 | Activities       | Periodically     | 10%                                     |
| 2 | Midterm exam     | $6^{th}$         | 30%                                     |
| 3 | Short exam       | $9^{\text{th}}$  | 10%                                     |
| 4 | Final exam       | $12^{\text{th}}$ | 50%                                     |

\*Assessment task (i.e., written test, oral test, oral presentation, group project, essay, etc.)

### E. Student Academic Counseling and Support

Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice :

- Each faculty member is assigned a group of students for continuous academic advice during six office hours weekly (6 hrs./week).
- Also teaching staff are available for individual student consultations during office hours

## **F. Learning Resources and Facilities**

#### 1. Learning Resources

| Required Textbooks                | Physics in Biology and Medicine, John R. Cameron 2003 |  |
|-----------------------------------|---|--|
| Essential References<br>Materials | Biophysics An Introduction: Roland Glaser, 2012       |  |
| Electronic Materials              | https://www.biophysics.org/                           |  |

| Other Learning<br>Materials | CD associated with the text books (when available).<br>Lecture notes and PowerPoints presentations prepared by the lecturer.<br>Blackboard. |
|-----------------------------|---|
|-----------------------------|---|

#### 2. Facilities Required

| Item   | Resources   |  |  |
|--|---|--|--|
| Accommodation<br>(Classrooms, laboratories, demonstration<br>rooms/labs, etc.)   | <ul><li>Classrooms</li><li>Electricity and magnetism physics laboratory</li></ul> |  |  |
| <b>Technology Resources</b><br>(AV, data show, Smart Board, software, etc.)  | <ul><li>Data show</li><li>Laptop</li><li>Smart board</li></ul>                    |  |  |
| Other Resources<br>(Specify, e.g. if specific laboratory equipment<br>is required, list requirements or attach a list) |   |  |  |

## G. Course Quality Evaluation

| Evaluation<br>Areas/Issues                           | Evaluators  | <b>Evaluation Methods</b> |
|--|---|---------------------------|
| Student Feedback on<br>Effectiveness of Teaching     | Students  | Indirect                  |
| Evaluation of Teaching                               | Pear reviewer<br>Program coordinator<br>Departmental council<br>Faculty council | Indirect                  |
| Improvement of Teaching                              | Program coordinator<br>Relevant committee                                       | Direct                    |
| Quality of learning resources                        | Students<br>Instructor<br>Faculty   | Indirect                  |
| Extent of achievement of course learning outcomes,   | Program coordinator<br>Instructor   | Direct                    |
| Course effectiveness and<br>planning for improvement | Program coordinator<br>Instructor   | Indirect                  |

**Evaluation areas** (e.g., Effectiveness of teaching and assessment, Extent of achievement of course learning outcomes, Quality of learning resources, etc.)

**Evaluators** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify) Assessment Methods (Direct, Indirect)

## H. Specification Approval Data

| Council / Committee | Department Council / Committee of academic development |
|---------------------|--|
| Reference No.       |  |
| Date                | October 2, 2022  |